

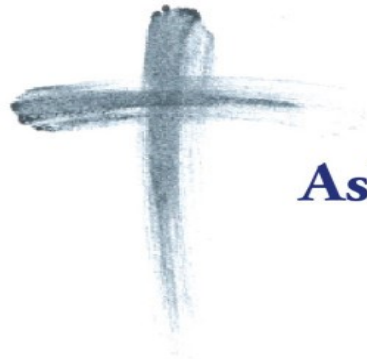
# THE EUCCHARIST



for  
Ash Wednesday

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## Ash Wednesday — Lent Begins

### Ash Wednesday

Receive this cross of ash upon your brow,  
Brought from the burning of Palm Sunday's cross.  
The forests of the world are burning now  
And you make late repentance for the loss.  
But all the trees of God would clap their hands  
The very stones themselves would shout and sing  
If you could covenant to love these lands  
And recognise in Christ their Lord and king.

He sees the slow destruction of those trees,  
He weeps to see the ancient places burn,  
And still you make what purchases you please,  
And still to dust and ashes you return.  
But Hope could rise from ashes even now  
Beginning with this sign upon your brow.

*Malcolm Guite*

Loving God,  
grant us grace to desire you with our whole heart;  
that so desiring, we may seek and find you;  
and so finding, may love you;  
and so loving, may hate those sins  
from which you have delivered us;  
through Jesus Christ our Lord.

**Amen**

## The Dismissal

### The Blessing

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

### **Giving of Communion**

**Jesus is the Lamb of God  
who takes away the sin of the world.  
Happy are those who are called to his supper.**

### **The Spiritual Communion**

Father of all,  
We thank you for the gift of the holy body and precious blood  
of our Lord and Saviour Jesus Christ.  
Since at this time we cannot receive him in the holy sacrament,  
may he come spiritually into our hearts.  
May the body of my Lord Jesus Christ which was broken for us,  
keep our bodies and souls in eternal life.  
May the blood of our Lord Jesus Christ which was shed for us,  
keep our bodies and souls in eternal life  
And may we feed on him whom we have received in our hearts,  
by faith with thanksgiving. Amen.

### **Prayer after Communion**

Restore us, O God; make your face shine upon us, that we may  
be saved.

*Silence is kept.*

# Eucharist for Ash Wednesday

## The Gathering

The sacrifice of God is a broken spirit: a broken  
and contrite heart you will not despise.

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
**Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

Brothers and sisters in Christ: since early days Christians have  
observed with great devotion the time of our Lord's passion and  
resurrection. It became the custom of the Church to prepare for  
this by a season of penitence and fasting.

At first this season of Lent was observed by those who were  
preparing for Baptism at Easter and by those who were to be  
restored to the Church's fellowship from which they had been  
separated through sin. In the course of time the Church came to  
recognize that, by a careful keeping of these days, all Christians  
might take to heart the call to repentance and the assurance of  
forgiveness proclaimed in the gospel, and so grow in faith and in  
devotion to our Lord.

I invite you, therefore, in the name of the Church, to the  
observance of a holy Lent, by self-examination and repentance;  
by prayer, fasting, and in this year of pain, self care and by  
reading and meditating on God's holy word.

## The Collect

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness; through  
Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

## The Liturgy of the Word

### The Old Testament Lesson:

### The New Testament Lesson:

### The Gospel Reading:

Praise to you, O Christ, King of eternal glory.  
The Lord is a great God, O that today you would listen to his  
voice.

Harden not your hearts.

**Praise to you, O Christ, King of eternal glory.**

*Before:*

Hear the Gospel of our Lord Jesus Christ according to *M.*

**Glory to you, O Lord.**

*After:*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## The Sermon

made once for all upon the cross,  
and proclaim his mighty resurrection and glorious ascension.  
As we look for his coming in glory,  
we celebrate with this bread and this cup  
his one perfect sacrifice.

Accept through him, our great high priest,  
this our sacrifice of thanks and praise;  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love,  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
by the power of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

## The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
for ever and ever. Amen.**  
**Breaking of the Bread**

*The priest breaks the consecrated bread in silence.*

## Agnus Dei

and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ;  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;

Who in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying,  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying,  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.  
Jesus Christ is Lord:  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

Therefore, heavenly Father,  
we remember his offering of himself

## The Liturgy of Penitence

Let us call to mind our sin and the infinite mercy of God.

*Silence is kept.*

### The Litany

God the Father,  
**have mercy on us.**

God the Son,  
**have mercy on us.**

God the Holy Spirit,  
**have mercy on us.**

Holy, blessed, and glorious Trinity,  
**have mercy on us.**

From all evil and mischief;  
from pride, vanity, and hypocrisy;  
from envy, hatred, and malice;  
and from all evil intent,  
**Good Lord, deliver us.**

From sloth, worldliness, and love of money;  
from hardness of heart  
and contempt for your word and your laws,  
**Good Lord, deliver us.**

From sins of body and mind;  
From the deceits of the world, the flesh,  
and the devil,  
**Good Lord, deliver us.**

In all times of sorrow;  
in all times of joy;  
in the hour of death,  
and at the day of judgement,  
**Good Lord, deliver us.**

By the mystery of your holy incarnation;  
by your birth, childhood, and obedience;  
by your baptism, fasting, and temptation,  
**Good Lord, deliver us.**

By your ministry in word and work;  
by your mighty acts of power;  
and by your preaching of the kingdom,  
**Good Lord, deliver us.**

By your agony and trial;  
by your cross and passion;  
and by your precious death and burial,  
**Good Lord, deliver us.**

By your mighty resurrection;  
by your glorious ascension;  
and by your sending of the Holy Spirit,  
**Good Lord, deliver us.**

Give us true repentance;  
forgive us our sins of negligence and ignorance  
and our deliberate sins;  
and grant us the grace of your Holy Spirit  
to amend our lives according to your holy word.  
**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

## **The prayer of ashing**

God our Father,  
you create us from the dust of the earth:  
grant that this bowl of ash may be a symbol for us;  
a sign of our penitence  
and a symbol of our mortality;  
for it is by your grace alone  
that we receive eternal life  
in Jesus Christ our Saviour. **Amen.**

Remember that you are dust, and to dust you shall return.  
Turn away from sin and be faithful to Christ.

**God our Father,  
the strength of all who put their trust in you,  
mercifully accept our prayers;  
and because, in our weakness,  
we can do nothing good without you,  
grant us the help of your grace,**

**that in keeping your commandments  
we may please you, both in will and deed;  
through Jesus Christ our Lord. Amen.**

# The Liturgy of the Sacrament

## **The Peace**

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

## **Setting the Table**

### **The Offertory Prayer**

Look upon us in mercy not in judgement;  
draw us from hatred to love;  
make the frailty of our praise  
a dwelling place for your glory.  
**Amen.**

## **The Eucharistic Prayer**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace